



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
 School Year: 2021-2022

School Name & Location Number:	Charles D. Wyche, Jr. Elementary School 5991
Principal:	Dr. T. Watkins
Phone Number:	305-628-5776
School Wellness/Healthy School Team Leader:	Sandra Medina
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Dr. T. Watkins (Principal) Sandra Medina (Assistant Principal) Serafina Smith (Cafeteria Manager) Hervens Jean (Physical Education Coach) Lys Marrero (Community Involvement Specialist) Malvin Herrera (Student)
Committee Meeting Dates:	1/12/22 Faculty Meeting, 1/12/22 EESAC Meeting, 2/16/22 Faculty Meeting
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	Nutrition <ul style="list-style-type: none"> • Promote the free breakfast and good eating habits especially as testing approaches • Provide healthy meals and snacks daily to students, facility and staff through the cafeteria Physical Education <ul style="list-style-type: none"> • Fitnessgram Testing

	<p>Physical Activity</p> <ul style="list-style-type: none"> • Promote physical activity for students and staff members. • Share the MDCPS Wellness calendar with Staff <p>Health and Nutrition Literacy</p> <ul style="list-style-type: none"> • Implementing a garden to table program <p>Preventive Healthcare</p> <ul style="list-style-type: none"> • Bring in a few more teachers/employee into the school wellness activities <ul style="list-style-type: none"> • Wellway Wellness Program
Community Engagement:	<ul style="list-style-type: none"> • School health professional to select fruit or vegetable to highlight during meetings • Sending home harvested school garden produce
Monitoring and Evaluation:	<ul style="list-style-type: none"> • Start the EESAC and social media advertisements earlier in the following school year • Have more organized meeting agendas and set times for the following year
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	N/A/